



## Feed Your Kids Well: How to Help Your Child Lose Weight and Get Healthy (Paperback)

By Fred Pescatore

Turner Publishing Company, United States, 2000. Paperback. Condition: New. Language: English . Brand New Book. I've worked side by side with Dr. Pescatore for many years. In this book--which I heartily recommend--Dr. Pescatore teaches you how to bring health and nutrition to the next generation.-- Robert C. Atkins, M.D., author of the multimillion copy bestseller Dr. Atkins New Diet Revolution. Feed Your Kids Well offers a sensible approach to the difficult problem of childhood obesity-- and many other children's health problems. Dr. Pescatore provides parents with excellent strategies for dealing with their children in a positive, sensitive way. --Carol Colman, coauthor of the New York Times bestseller The Melatonin Miracle. Feed Your Kids Well is an excellent book that explains the importance of a well-balanced diet. It exposes the dangers associated with high-sugar foods and reveals the true cause of childhood obesity. -- Joyce and Gene Daoust, authors of 40-30-30 Fat Burning Nutrition. I helped nutritionally vet Adelle Davis's book, Let's Have Healthy Children. In my opinion, Feed Your Kids Well replaces that important work. --Fran Gare, nutrition expert, CBS-TV. Today, one-third of North American children and teenagers are overweight. And despite decades of medical and scientific breakthroughs, the...



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