

Por Que Caminar Si Puedes Volar? (Paperback)



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Reviews

*Complete guide for ebook fans. Better then never, though i am quite late in start reading this one. Your life span will likely be convert when you full reading this ebook.
(Dr. Teagan Beahan Sr.)*

POR QUE CAMINAR SI PUEDES VOLAR? (PAPERBACK)



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PUNTO DE LECTURA, Mexico, 2014. Paperback. Condition: New. Language: Spanish . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Actualmente, Isha es considerada una de las principales maestras en el campo de la espiritualidad. Sus seminarios, conferencias y cursos a lo largo del mundo han sido atendidos por cientos de miles de personas y la han llevado a ser reconocida como Embajadora de la Paz. En Por que caminar si puedes volar? nos propone un camino para dejar de atarnos a las dudas, las inseguridades e incertidumbres. A menudo nos detenemos debido a nuestros miedos, pero podemos liberar nuestro mayor potencial si profundizamos realmente en nuestro ser interior. En estas paginas resume todo su sistema de autoayuda, encaminado a lograr el equilibrio entre la mente, el cuerpo y las emociones. El libro ofrece recomendaciones para aliviar el estres, elevar la autoestima y mejorar las relaciones con los seres queridos. ENGLISH DESCRIPTION For the past decade, world-renowned spiritual teacher Isha has received international acclaim for her work inspiring profound inner change in thousands of individuals from all walks of life. Fueled by her vision of a world united in the experience of consciousness, her simple, yet revolutionary system provides a practical method for expanding consciousness so we can learn to love ourselves and our lives unconditionally. Imposing no belief system or dogma, the teachings of the Isha System are practical and easy to incorporate into daily life, yet they produce a profound inner transformation. At the core of the System are four facets simple, powerful statements of profound truths. As you use the facets, an abiding sense of well-being and present-moment awareness will permeate your life. Through parables, moving testimonials, and humor, Isha imparts the essential...



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