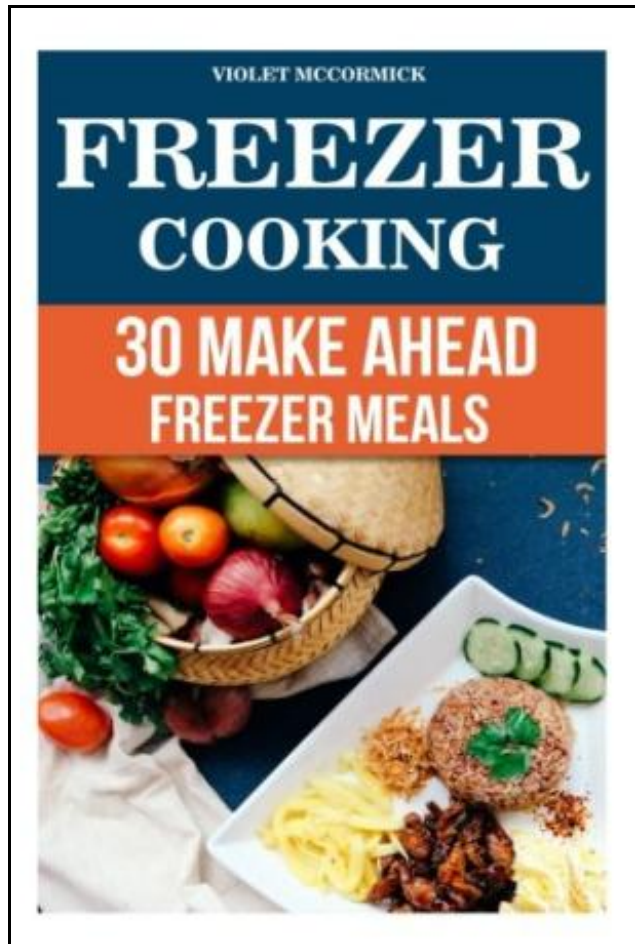


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Reviews

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Freezer Cooking 30 Make Ahead Freezer Meals The two things in life that seem to run out faster than anything else are time and money. No matter what kind of life you live, what kind of job you have, or how hard you try, saving time and money are two things you can t afford skipping. Meal time is one of the most expensive and time consuming things you do with your day, making it one of the most dreaded things to fit into your schedule, especially if you want to make dinners that are both delicious and healthy. Trying to put together meals that are crowd favorites as well as healthy can be a challenge; even when you have time to do it. That is where this book comes in. Here are 30 recipes. that s right, an entire month s worth of recipes. that are both good for your family as well as popular with even the pickiest of eaters. With this book you will be able to fill your freezer with a month of dinners that you can pull out anytime and make in a flash. This is going to save you time, money, and energy. the three things you can t do without. Once you fill your freezer with these meals you will be able to go through your day with confidence, knowing that you can get what you need to do done, and have dinner ready and waiting for you when you get home. This is the best of both worlds, and you are going to love it. These dinners have it all, so no matter what kind of mood you are in, you ll have what...



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