



Loving to Heal: Easing the Way to Wellness (Paperback)

By MD David Montgomery

Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Loving to heal is better than fighting to fix. -David Montgomery Reading David Montgomery's Loving to Heal is like floating down a cool, gently flowing stream on a warm day: I felt buoyant, supported, exhilarated, and refreshed. His blend of medical science and spiritual wisdom leads to altered perspectives, enrichment, and contentment. Effortlessly and gratefully, I got out of the stream at a different place than I went in. -Susan Rau Stocker, author of Many Faces of PTSD: Does Post Traumatic Stress Disorder Have a Grip on Your Life? The clarity and purpose of this masterful work stands as both testimony and guide to our individual quest to be all we can be in this one precious life. Loving to Heal serves as an essential how-to manual for care givers of all genres, personal and professional, and its message carries immeasurable benefit to the caregiver and cared-for alike. -Jane Lehr Eckert, PhD, counseling psychologist, life coach, energy medicine practitioner I highly recommend this book to all caregivers. As a matter of fact, I can't think of a single individual...



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Reviews

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