



Health New: away from the wisdom of the disease(Chinese Edition)

By WANG FU YAN

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2013 Pages: 219 in Publisher: Science Press health is not just the absence of disease or infirmity. and is fully in good condition in the kind of physical. mental and social. The various factors that influence health. personal lifestyle. behavior dominates. namely maintaining health lies in their own. Health New: away from diseases wisdom around personal lifestyle. behavioral factors that influence health commenced to write a total of four: first. timely tonic. Focuses on the basic ideas and methods of application of drugs or foods benefit the body. and how the physical condition. seasonal changes. main symptoms tonic to regulate the body. Second. disease early prevention. Including healthy living knowledge. lifestyle. health. diet health. prevention of common health problems. Third. the sick had known. About health conditions and common diseases early performance from common symptoms. metabolism. organ reaction. Title IV. both anti-change disease. Prevent exacerbations. malignant. Based on the idea of ??two-thirds rule. seven support simple common diseases nursed back to health. The book is practical. easy to use. used both guidance. Provides a simple. affordable reading...



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