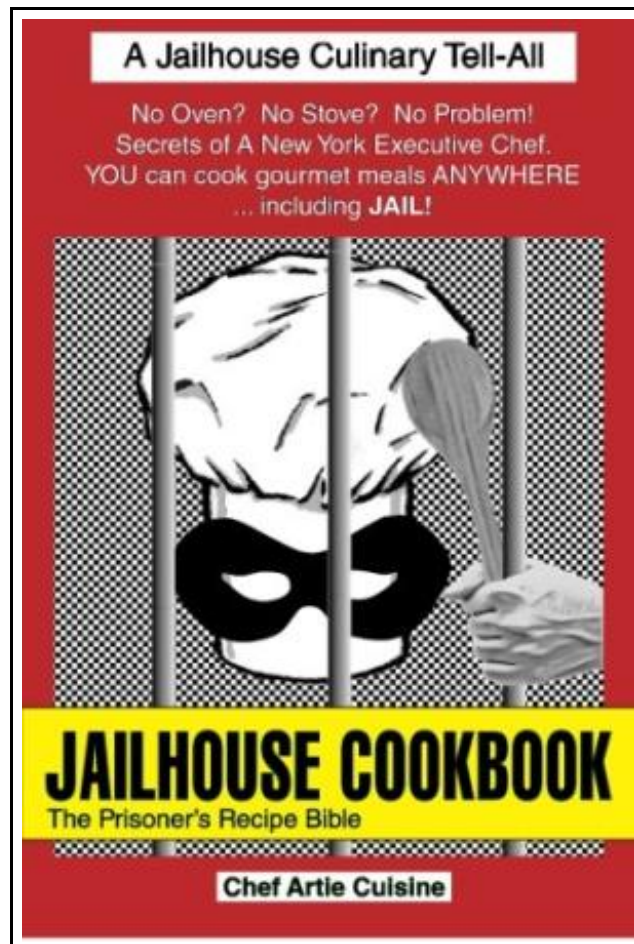


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Reviews

The very best publication i actually go through. It can be packed with knowledge and wisdom It is extremely difficult to leave it before concluding, once you begin to read the book.

(Rhea Kunze)

JAILHOUSE COOKBOOK THE PRISONER S RECIPE BIBLE (PAPERBACK)

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Goodreadbooks, Inc., United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.JAILHOUSE COOKBOOK: A Prisoner s Recipe Bible Chef Artie Cuisine s Jailhouse Cookbook: A Prisoner s Recipe Bible, is a deliciously entertaining, biographical jailhouse cooking saga, a vivid portrayal of an incarcerated NYC chef s culinary life. Rudely eloquent and irreverent it s a quirky journey of physical and emotional survival. Chef Artie paid his debt to society cooking all the way! A 268 page no-holds-barred tell-all about a stubborn, plucky, resolute chef s passion to cook and eat well while serving time. This lighthearted insight into New York prison life is part story, manual, food survival handbook, humor and inspiration. 110 hard-to-believe-can-be-cooked-in-prison gourmet recipes with detailed instructions, developed for a demanding inmate clientele of high flying embezzlers, drug czars, extortionists etc. Cook these recipes at home, in school dorms, RVs, on camping trips, and IN JAIL, any place without a proper kitchen. Devising banquets in prison dorms was his recreation, his currency, his safety net, and his challenge. Artie s survival mantra No oven? No stove? No problem! strengthened his resolve to eat well in prison - even in the Box . Cooking was a daily dare. Self preservation = gang protection in exchange for dinner on the table. Years in the trenches of NY s finest restaurant kitchens prepared him for this. He proudly followed the Marine credo: Improvise, Adapt, Overcome . Sure in winter you can put sodas out on the window sill, but baking 3-layer cakes and fresh pizzas in an oven-less prison dorm Passing Artie s dorm astounded inmates saw fresh pasta hanging to dry, a white sheet thrown over a locker as a dining table, a centerpiece of cell-made garlic breadsticks, and bowls of mouthwatering food....



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