



Walks on the Beach (Hardback)

By Sandy Gingras

Andrews McMeel Publishing, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book. Inside this inspiring little book, author and artist Sandy Gingras offers ways to find peace, hope, and healing at the beach. Each walk is a mini-essay about self-discovery, particularly a woman's self-discovery. Sandy muses about learning patience, leaving it all behind, taking risks and chances, recovering after storms, enduring and gaining strength, and loving and losing and loving again. Gingras finds inspiration in beachy moments and shows us that lessons are everywhere on her beach walks--in a split shell, in a dribble castle, in an upside-down horseshoe crab, in a green jetty, and in the freedom of wearing nothing but a bathing suit. Gingras's watercolours invite you to come along on her walks. Even if you can't actually walk on the beach each day, Walks on the Beach gives you the sense that you have a little sand between your toes, a little beach in your heart, and a little beach philosophy in your everyday life.



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Reviews

An exceptional pdf and the typeface utilized was fascinating to read through. It can be written in straightforward words and phrases instead of confusing. I am just quickly could possibly get a delight of looking at a written ebook.

-- Prof. Arlie Bogan

It is in a single of the best book. This is for those who state there had not been a well worth reading through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Barney Robel Jr.