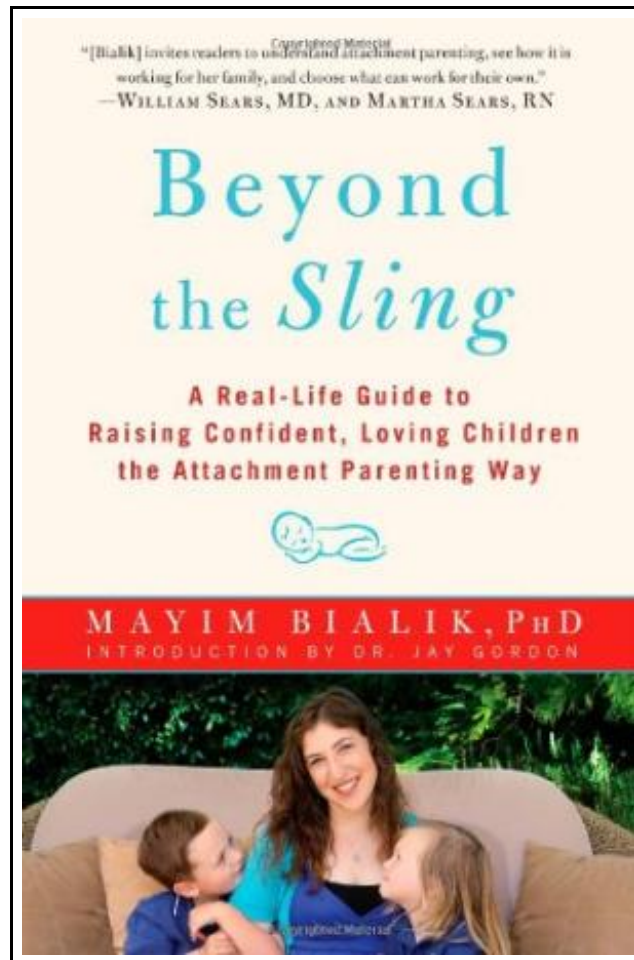


Beyond the Sling: A Real-Life Guide to Raising Confident, Loving Children the Attachment Parenting Way (Paperback)



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Reviews



*Complete information for publication enthusiasts. It is really basic but shocks inside the fifty percent of your book. I am just delighted to let you know that this is basically the finest book i have read through in my individual lifestyle and might be he best pdf for actually.
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Touchstone Books, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book. A real-world guide to Attachment Parenting from the Big Bang Theory actress, neuroscientist, and mother Mayim Bialik—a book hailed by Dr. William Sears as delightful and by Ricki Lake as a fantastic guide to birth and parenting that is packed with invaluable wisdom. Mayim Bialik was the child star of the popular 1990s TV sitcom Blossom, but she definitely didn't follow the typical child-star trajectory. Instead, Mayim got her PhD in neuroscience from UCLA, married her college sweetheart, and had two kids. Mayim then did what many new moms do—she read a lot of books, talked with other parents, and she soon started questioning a lot of the conventional wisdom she heard about the right way to raise a child. That's when she turned to Attachment Parenting, a philosophy and lifestyle popularized by well-known physicians like Dr. William Sears and Dr. Jay Gordon. To Mayim, Attachment Parenting's natural, child-led approach not only felt right emotionally, it made sense intellectually and instinctually. She found that when she followed her intuition and relaxed into her role as a mother instead of following some rigid parenting script, both she and her children thrived. Taking into account her experience as a mother (and her scientific background), Mayim presents the major tenets of Attachment Parenting, including: -Baby wearing: How to wear your baby in a sling or a wrap to foster a closer bond with your child—it's possible even for mamas with bad backs (and with big babies)! -Breastfeeding: Learn how to listen to your baby's cues rather than sticking to a rigid schedule—and why people on airplanes love a nursing mother! -Gentle discipline: How to get your child to behave without yelling, threats, or time-outs—it...

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